Cardinal Innovations HEALTHCARE

Integrating Affordable and Safe Housing Programs to Promote Trust and Improve Overall Health

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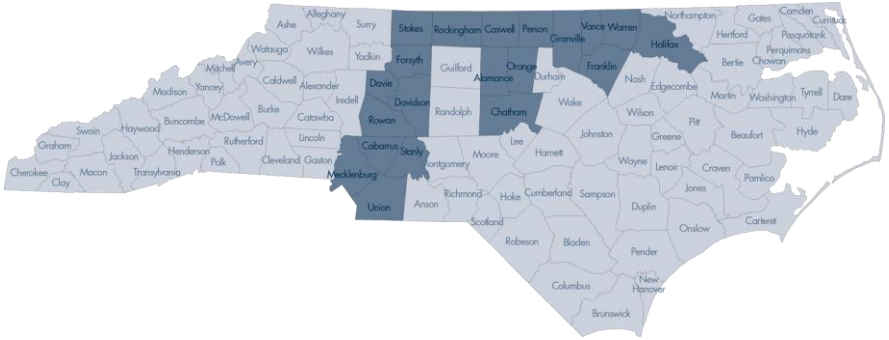
Who We Are

Total population: 3 million

Medicaid: 436,324

Uninsured: 377,365



Cardinal Innovations Healthcare operates Medicaid and state-funded health plans that best meet the needs of our members with intellectual or developmental disabilities, mental health conditions, and substance use disorder (IDD/MH/SUD)

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ENGAGEMENT & CHOICE =
INDIVIDUALIZED CARE =
BETTER OUTCOMES =

PREDICTABLE & SUSTAINABLE COST

History with Housing Programs

2004

First Housing Plan developed in collaboration with community stakeholders, members, and providers.

2006

Received more than $600,000 in HUD Shelter + Care grants.

Established local Continuum of Care to support broader community housing initiatives.

2008

Housing programs expand to encompass more than $1.7 million in HUD funding and cover members in five counties.

2012

N.C. enters settlement agreement with USDOJ to settle alleged Olmsted violations

2017

TCL program has housed more than 500 individuals with SMI/SPMI.

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Early Findings from Housing Initiatives

	Total PMPM	CRISIS COST		SERVICE COST	
		PMPM cost	% difference	PMPM cost	% difference
Pre-Entry	$813.76	$108.50	0.00%	$705.26	0.00%
During	$506.32	$73.39	-32.36%	$432.93	-38.61%
Post-Exit	$618.73	$82.80	-23.69%	$535.93	-24.01%

288 members housed. Reduction in total healthcare spend = $1,060,992

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Transitions to Community Living Initiative

- Goal: Transition individuals in institutional settings into single-occupancy, independent housing with wrap-around services and supports
- Eligible Individuals:
  - Serious Mental Illness (SMI) who reside in an adult care home
  - SPMI being discharged from a state psychiatric hospital who are homeless or have unstable housing
  - SMI/SPMI who are at risk of admission into an adult care home

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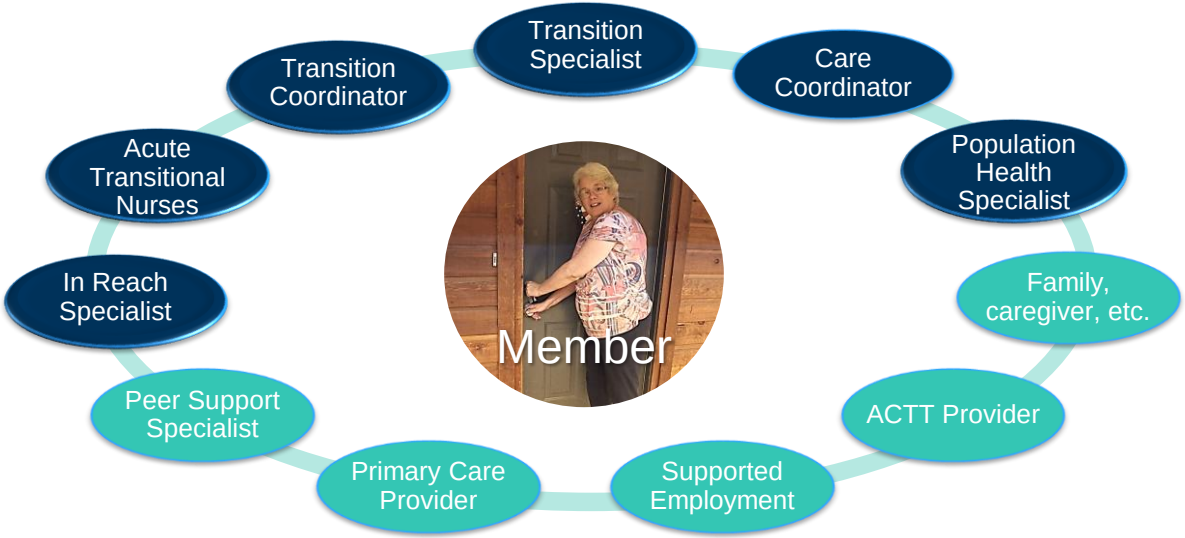
Integrated Care Team



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Transitions to Community Living as of January 1, 2018

Total Housed
UNIQUE CONSUMERS
546

Currently
UNIQUE CONSUMERS
440

Previously
UNIQUE CONSUMERS
106

In-Transition
UNIQUE CONSUMERS
45

On Hold
UNIQUE CONSUMERS
120

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Measuring Outcomes

- Quality of Life Surveys – administered prior to transition, and 11 months and 24 months after move-in
- Assess following areas:
  - Self-determination
  - Safety
  - Employment opportunities/options
  - Transportation accessibility
  - Financial independence
  - Social connectedness
  - Healthcare access

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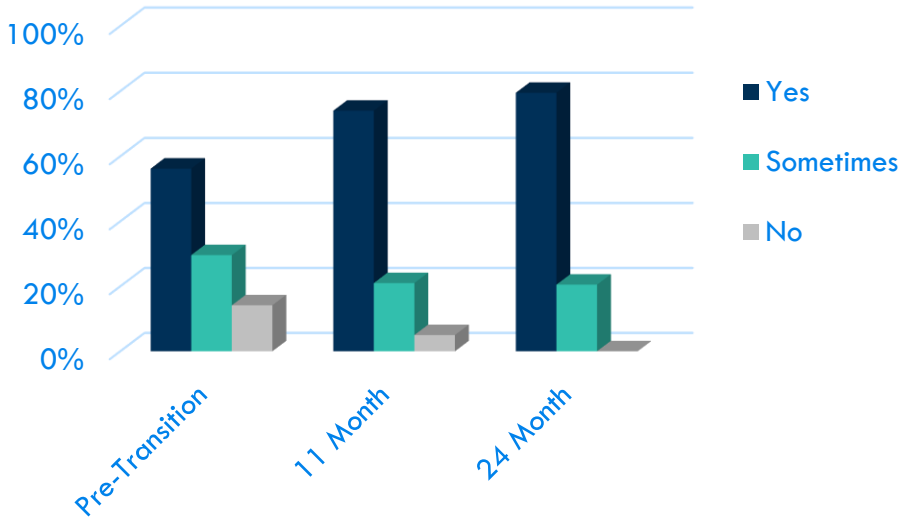
Quality of Life Survey Results



Are you satisfied with the way you spend your day?
79% agree 24 mos. post-transition

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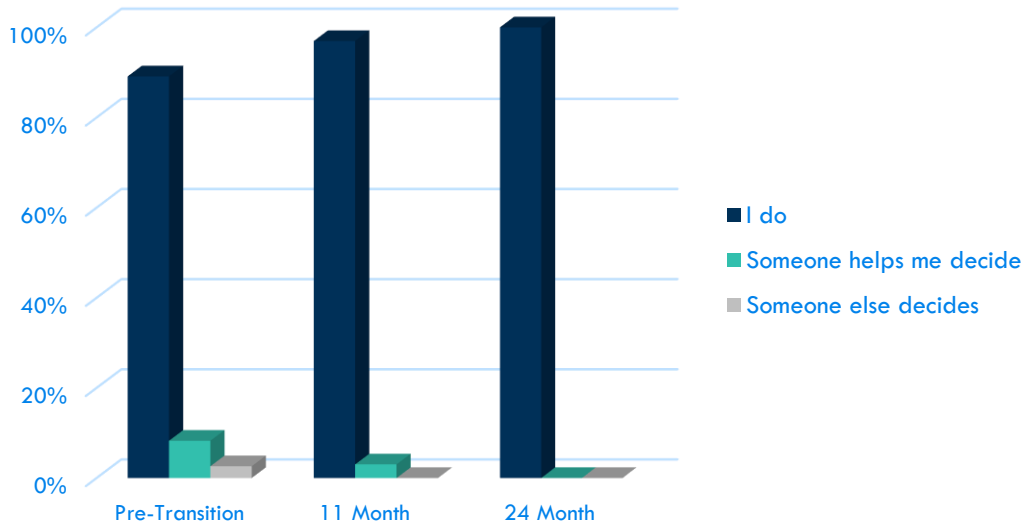
Quality of Life Survey Results



Who decides how you spend your free time?
100% self-determination 24 mos. post-transition

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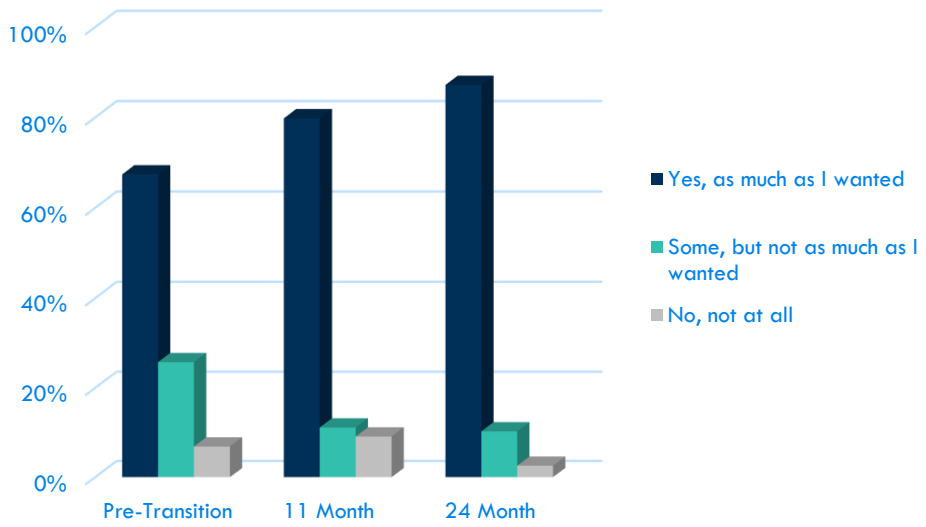
Quality of Life Survey Results



In the past 30 days did you get to visit/talk with family/friends?
87% yes, as much as I wanted 24 mos. post-transition

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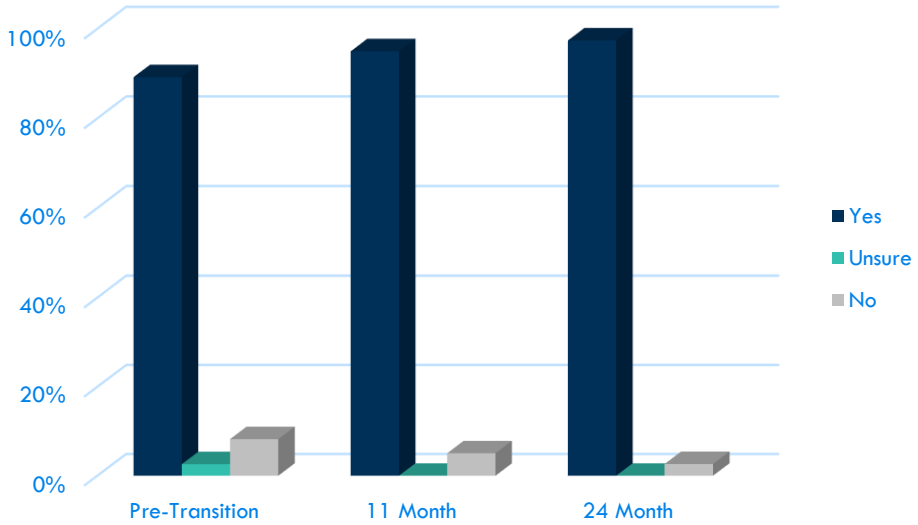
Quality of Life Survey Results



Have you received all of the healthcare services you need?
95% Yes 24 mos. post-transition

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Successes/Challenges

- Successes:
  - Vastly improved quality of life/improved outcomes
  - Better engagement
  - Housing Success Rates – 18% (natl avg = 22%)
- Challenges:
  - Affordable housing
  - Social connectivity/Engagement
  - Complex conditions/coordination

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Housing Continuum

Crisis Housing

- Shelters
- Hotels
- ED
- Emergency Funds
- Contain It*

Transitional (90 days – 6 mos)

- Bridge Housing
- Hotels
- Cardinal Vouchers
- Master Leasing
- Oxford Houses

Permanent &Supportive

- HUD Grants
- Sec. 8 Vouchers
- Housing Authority*
- IDD Supporting Living Hi/Lo
- Public-Private
- Target Units
- TCLI
- ISHP
- MH Supportive Housing

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Thank you

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